



Coming soon...

Threads of Love



Tuesdays
5:30-7:00 PM
Beginning
October 7, 2025
7 Weeks



Northwest
Relationships
5702 N 26th Street
Tacoma WA 98407
253-292-1216

- Free virtual group for adults (18+) grieving the loss of a close friend or family member.
- A safe, supportive space to explore grief through creative activities.
- Utilizing an evidence-based, integrative approach that includes somatic, mindfulness, systems, narrative, and creative expression.
- Weaving connection through shared loss.
- Includes guided projects and group discussions.
- Please note this group is not open to those grieving a pregnancy loss or the deaths of distant/non-close relatives. Referrals are available for this kind of loss.



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